

# **Health and Safety Policy**

St Ives Town FC is committed to providing a safe working, coaching, teaching and learning environment for all personnel, candidates and any related third parties. Responsibility for health and safety ultimately lies with Directors of St Ives Town FC. However, all candidates and personnel have a legal responsibility, as stated under Section 7 of the Health and Safety at Work Act 1974, to do everything practicable to prevent an accident or injury to themselves and to fellow candidates and/or personnel. The quality coordinators (QCs) specific to each qualification are responsible for ensuring this information is fully understood by their qualification team and by the candidates who commence courses/programmes in their area.

St Ives Town FC aims to promote health and safety, so far as reasonably practicable, by ensuring:

- the provision and maintenance of safe equipment that poses no risk to health
- the provision of relevant information to candidates, personnel and any related third parties, including instruction, training and supervision, as is necessary to ensure health and safety
- maintenance of safe environments, including a means of access in a condition that is safe and without risk to health
- progressive identification and assessment of all risk, taking measures to eliminate or control it
- compliance with statutory regulation on health and safety and welfare of candidates, personnel and any related third parties
- the health and safety and welfare of vulnerable candidates is addressed through positive action
- all required and appropriately qualified members of personnel are given training to identify and control potentially hazardous situations/environments
- effective measures, such as fire alarms, are in place to deal with emergencies.

This list is not exhaustive and represents general principles followed by St Ives Town FC in respect of health and safety.

### First Aid

### The nominated/appointed individuals(s) are:

#### First-aiders

Liam Peakes (Physio), Marina Howlett (Secretary), Ricky Marheineke (Manager), Jack Cassidy (Manager), Darren Marjoram (Manager), Simon Dixon (Coach), Neil Martin (Coach)

All confirmed nominees are appropriately qualified first-aiders, holding current first-aid certificates. Therefore, one of the first-aiders listed above must be contacted in the event of an incident occurring, to administer any first aid required. It is important that all issues where a first-aider has been involved are recorded in the necessary incident logbook(s) which accompany the first-aid box(es).

Whenever candidates are present, to attend for a component of a course/programme, their tutor/assessor is responsible for making them aware of who their nominated first-aiders are and where they can be found (they are required to be on site at the time of a course/programme taking place).

The first aid box(es) are located:

In the Club House Physio room and Kitchen

### Risk Assessment Procedures

Tutors/assessors must ensure that suitable and sufficient control measures are in place to reduce identified risks when they are delivering any component of a course/programme. Any information a tutor/assessor has identified in relation to risk should be shared with/distributed to other members of personnel. All personnel required to conduct risk assessments will be given the appropriate training and/or will be made aware of what is expected of them in advance.

Prior to conducting a course/programme, the tutor/assessor will conduct a risk assessment and record relevant findings in line with the St Ives Town FC health and safety policy. Where tutors/assessors complete a session where they would not normally complete a session, a risk assessment must be conducted, to ensure the health and safety of all present. Additionally, a risk assessment is required to be conducted prior to any practical activity. A risk assessment form has been created for these purposes.

## Risk Assessment Record

| Lo                         | cation:          |   |   |                                    |               |      |  |
|----------------------------|------------------|---|---|------------------------------------|---------------|------|--|
| Subject/A                  | Activity:        |   |   |                                    |               |      |  |
|                            | sed by:          |   |   |                                    |               |      |  |
|                            | mber of didates: |   | Event Authorisation<br>Number (EAN):                                      |                                    | Date:         |      |  |
| Cario                      | ildates.         |   |   |                                    |               |      |  |
| HC and Haza<br>Description | ard              | Severity<br>(without control<br>measures)   | Risk-control Measures in Place (if none, state none)                      | Likelihoo<br>(with cor<br>measure: | ntrol         | Risk |  |
|                            |                  |   |   |                                    |               |      |  |
|                            |                  |   |   |                                    |               |      |  |
|                            |                  |   |   |                                    |               |      |  |
|                            |                  |   |   |                                    |               |      |  |
|                            |                  |   |   |                                    |               |      |  |
|                            |                  |   |   |                                    |               |      |  |
|                            |                  |   |   |                                    |               |      |  |
|                            |                  |   |   |                                    |               |      |  |
|                            |                  |   |   |                                    |               |      |  |
|                            |                  |   |   |                                    |               |      |  |
|                            |                  |   |   |                                    |               |      |  |
|                            |                  |   |   |                                    |               |      |  |
|                            |                  |   |   |                                    |               |      |  |
|                            | Signed:          |   | Time risk assessment  | complete                           | ed:           |      |  |
| Key                        |                  |   |   |                                    |               |      |  |
| HC                         | Hazard o         | code (a full description of   | these codes is given on the next  | page)                              |               |      |  |
| Hazard                     |                  | d code (a full description of these codes is given on the next page)  |   |                                    |               |      |  |
| Severity                   |                  | omething which has the potential to cause harm  ne degree of harm that the uncontrolled hazard has the potential to cause |   |                                    |               |      |  |
| Likelihood                 |                  | he probability that the hazard potential will be realised, taking into account any risk-control measures in               |   |                                    |               |      |  |
| Risk                       |                  | he degree of risk (low, medium, high), taking into account severity and likelihood  |   |                                    |               |      |  |
| Irrespective of            | f the risk, w    | here the risk-control mea   | asures require personal action or that at a within relevant documentation | ne use of pe                       | ersonal prote |      |  |

| НС | Accident Categories  |  |  |  |
|----|--|--|--|--|
| 1  | Contact with equipment/machinery in motion                   |  |  |  |
| 2  | Contact with a source of heat (eg hot metal surface)         |  |  |  |
| 3  | Struck by a moving, flying or falling object                 |  |  |  |
| 4  | Striking against a fixed or stationary object                |  |  |  |
| 5  | Struck by a moving vehicle                                   |  |  |  |
| 6  | Trapped by something collapsing                              |  |  |  |
| 7  | Slip, trip or fall on the same level                         |  |  |  |
| 8  | Fall from a height   |  |  |  |
| 9  | Injury while manual handling                                 |  |  |  |
| 10 | Contact with an electrical source or an electrical discharge |  |  |  |
| 11 | Exposure to or contact with a harmful substance              |  |  |  |
| 12 | Injury while using a hand tool                               |  |  |  |
| 13 | Drowning or asphyxiation                                     |  |  |  |
| 14 | Injury by an animal  |  |  |  |
| 15 | Exposure to fire   |  |  |  |

| Severity  | Examples  |  |
|-----------|---|--|
| Very low  | Scratch, bruise, minor cut – normal activity will be resumed after first-aid treatment; there will be no lost time                          |  |
| Low       | Severe cut, sprain, strain, minor burn – normal activity may not be possible immediately after treatment; there may be lost time            |  |
| Medium    | Burn, fracture, minor amputation, temporarily disabling back injury; accident will almost certainly result in lost time and/or major injury |  |
| High      | Permanent disability, serious amputation (eg loss of a finger)  |  |
| Very high | One or more fatalities  |  |

| Likelihood  | Meaning                             |  |
|---|-------------------------------------|--|
| Very unlikely                                       | So unlikely, probably close to zero |  |
| Unlikely  | Unlikely, though conceivable        |  |
| Possible  | Could occur sometime                |  |
| Likely  | Will occur several times            |  |
| Very likely Occurs repeatedly and is to be expected |                                     |  |